

There's been a work-related incident. What do you do?

For employers

- 1 Provide first aid** - make sure your worker gets the right care
- 2 Notify SafeWork NSW of a notifiable incident*** immediately - call 13 10 50
- 3 Notify your insurer of any injury or illness within 48 hours** - they can step you through the process
- 4 Record it** - complete your register of injuries
- 5 Stay connected with your worker** - being supported helps the recovery process
- 6 Identify and offer suitable work options** to help your worker recover at work
- 7 Work closely with your worker, their doctor, and your insurer** to get the best outcome for your worker

*A notifiable incident is a serious workplace injury or illness, a death, or a dangerous incident.

Help your worker recover at work

Connecting

Staying connected and communicating with your worker is a collaborative approach to achieving safe recovery at work.

Planning

Establishing your worker's capacity, identifying suitable work options and setting goals is essential to successful recovery at work.

Working

Recovering at work speeds healing, reduces symptoms, promotes an active lifestyle, and fosters connectedness with the workplace and community.

For more information on how to support your worker after a work related injury or illness, contact your insurer or SIRA at **www.sira.nsw.gov.au** or on **13 10 50**.