

Are you having issues with your employer while recovering at work?

A **workplace facilitated discussion (WFD)** is a voluntary service that can support your recovery at work by:

- resolving issues raised by you and/or your employer
- assisting you to reach a workable agreement for recovery at work
- offering voluntary discussion in a supported environment
- identifying an appropriate plan for you to recover at work
- resetting expectations of involved parties

State Insurance
Regulatory Authority



Stage 1

Individual meetings with a qualified staff member (facilitator) who will organise a meeting with you to understand what is impacting your recovery at work.



Stage 2

Group meeting with you and your employer to identify practical solutions to aid your recovery. The agreed plan will be monitored to ensure actions are implemented to support your recovery.



If you are experiencing a workplace issue with your employer that is impacting your recovery at work, you can talk to your insurance case manager, a union delegate, nominated treating doctor or workplace rehabilitation provider.

How can WFD help you?

- Alex was finding it hard to talk to their supervisor about their return to work plan.
- Alex was worried about reporting to their supervisor.
- Alex spoke to their insurer case manager to organise a WFD.
- Alex, their supervisor, and the facilitator came together to discuss the barriers to communication and resolve their concerns.
- The facilitator provided support in these discussions by getting all parties to come to an agreement and start fresh again.
- Alex has returned to work as per the agreed plan and feels more supported by their supervisor.

For more information about workplace facilitated discussions, visit: <https://www.sira.nsw.gov.au/workplace-facilitated-discussion>

