

The Keele STarT Back Screening Tool

Patient name:

Date:

Thinking about the **last 2 weeks** tick your response to the following questions.

Disagree **Agree**
0 1

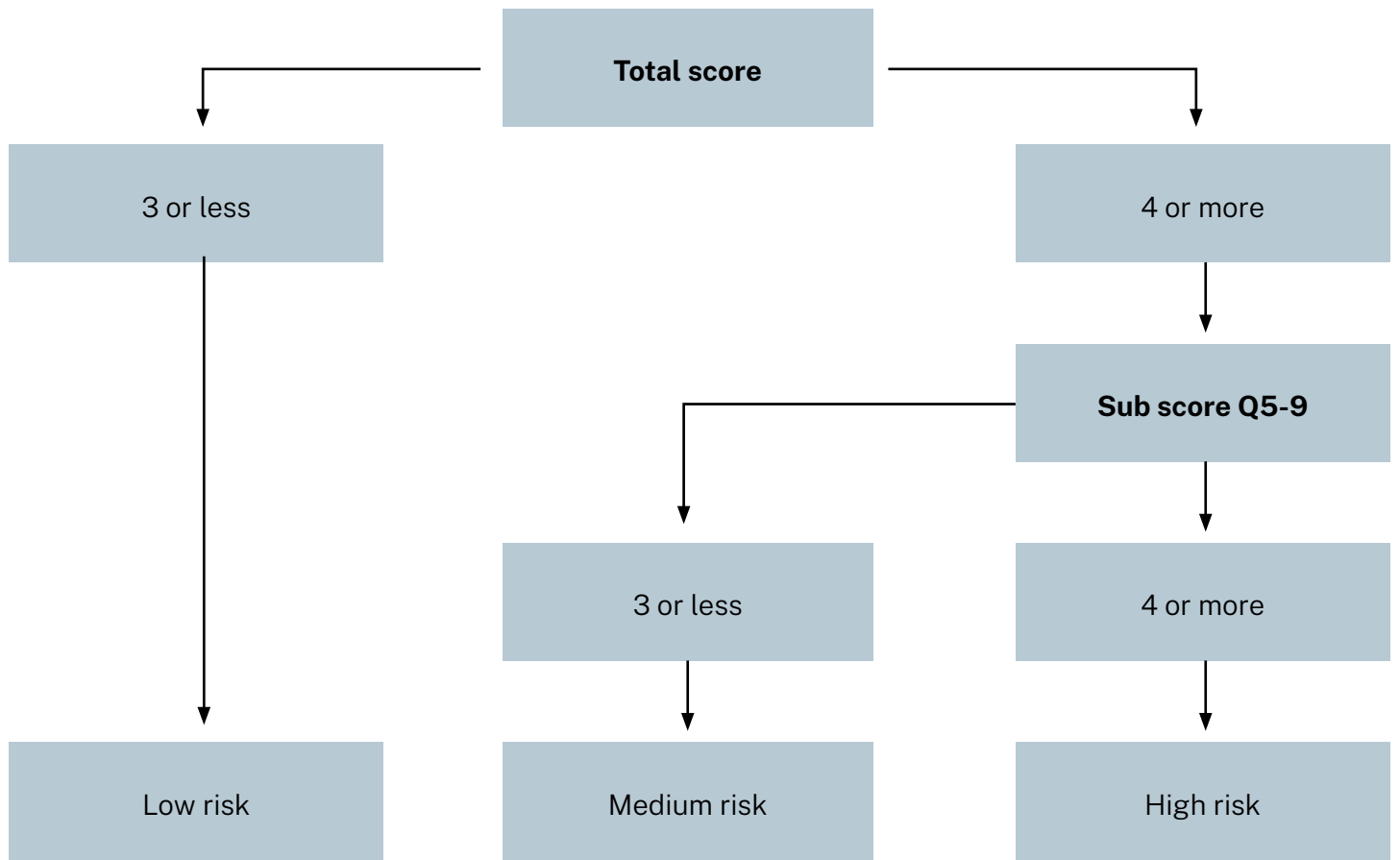
1. My back pain has **spread down my leg(s)** at some time in the last 2 weeks
2. I have had pain in the **shoulder** or **neck** at some time in the last 2 weeks
3. I have only **walked short distances** because of my back pain
4. In the last 2 weeks, I have **dressed more slowly** than usual because of back pain
5. It's not really safe for a person with a condition like mine to be physically active
6. **Worrying thoughts** have been going through my mind a lot of the time
7. I feel that my **back pain is terrible** and **it's never going to get any better**
8. In general I have **not enjoyed** all the things I used to enjoy
9. Overall, how **bothersome** has your back pain been in the **last 2 weeks**?

Not at all	Slightly	Moderately	Very much	Extremely
0	0	0	1	1

Total score (all 9):

Sub Score (Q5-9):

The STarT Back Tool Scoring Systems



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