

Allied health recovery request



State Insurance
Regulatory Authority

For use with NSW CTP personal injury and workers compensation injury claims.

AHRR number

Date of request (DD/MM/YYYY)

Physiotherapist Psychologist Counsellor Osteopath Chiropractor

Accredited exercise
physiologist

Other:

Referred by (where relevant)

Phone number

Section 1: Client details

Client name

Date of birth (DD/MM/YYYY)

Phone number

Claim information

Insurer

Claim number

Date of injury/accident (DD/MM/YYYY)

Section 2: Clinical assessment

Diagnosis

Have you liaised with the treating medical practitioner? Yes No

Is your diagnosis consistent with the medical practitioner's diagnosis of the compensable injury?

Yes Unknown No (if no, please provide details in the last box in section 2)

Clinical assessment continued over...

Current signs and symptoms – include reported/observed and relevant objective measures

Details of any pre-existing factor(s) directly relevant to the compensable injury

Details of any other providers treating the client and whether you have liaised with them

Workers compensation: Do you have a copy of the position description/work duties?

Yes No If no, contact the insurer

Section 3: Capacity

	Pre-injury capacity (describe what the client did before the injury(s) related to this claim)	Capacity at initial assessment or last AHRR (whichever is most recent)	Current capacity (describe what the client can do now)
Work (occupation, tasks, days/ hours worked)			
Home (self care, domestic, caring)			
Community (driving, transport, leisure)			

Are there any factors that have impacted on progress since treatment commenced or may impact on future recovery? If so, what are your recommendations to address these barriers (specific management strategies, referral to other services)?

Section 4: Recovery plan

Date your services

first commenced (DD/MM/YYYY)

Number of sessions provided to date

AHRR start date (DD/MM/YYYY)

AHRR end date (DD/MM/YYYY)

GOALS: must focus on work or functional outcomes to provide the direction for treatment and recovery and may carry over more than one AHRR. They must also be SMART.

CLIENT GOAL 1

STEPS: are activities/behaviours the client needs to be able to do to achieve their goal. The steps and actions listed are intended to be achieved in this AHRR period.

Client steps (to achieve in this AHRR period)	Client action plan (self management strategies)	Service provider's action plan

CLIENT GOAL 2

STEPS: are activities/behaviours the client needs to be able to do to achieve their goal. The steps and actions listed are intended to be achieved in this AHRR period.

Client steps (to achieve in this AHRR period)	Client action plan (self management strategies)	Service provider's action plan

CLIENT GOAL 3

STEPS: are activities/behaviours the client needs to be able to do to achieve their goal. The steps and actions listed are intended to be achieved in this AHRR period.

Client steps (to achieve in this AHRR period)	Client action plan (self management strategies)	Service provider's action plan

This request was completed in consultation with the client who agreed to the recovery plan:

Yes
 No
 Date (DD/MM/YYYY)

Section 5: Services requested

Service type (include consultation type and other services – eg aids/equipment)	Number of sessions	Frequency/timeframe (eg 1 x week for six weeks)	Service code (if applicable)	Unit cost/specify	Total

Case conferencing only	Number of hours	Frequency/timeframe	Service code (if applicable)	Unit cost/specify	Total
Case conferencing					

Overall total (total of all cells above)

Workers compensation: Would you like the assistance of an Independent Consultant?

Yes
 No

Rationale for services requested (include/attach additional information to assist insurer decision making)

Anticipated date of discharge (DD/MM/YYYY)

Section 6: Service provider details

Service provider name

Practice name

Suburb

State

Postcode

Phone number

Fax number

Email

Best time/day to contact

SIRA (formerly known as WorkCover)
workers compensation approval number (if relevant)

Signature

Note: All SIRA approved practitioners must ensure their contact details with SIRA are up to date. Email your current details to compliance.info@sira.nsw.gov.au

Provider stamp (if available)

Section 7: Insurer decision

 Approved
 Declined
 Partially approved

Workers compensation: An Independent Consultant review to be arranged:
 Yes
 No

If declined or partially approved please provide reasons

Decision maker's name

Phone number

Signature

Date (DD/MM/YYYY)

CC: treating medical practitioner and other treatment practitioners where involved

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